# Local Government Pension Scheme (L G P S) factsheet Pensions taxation: Lifetime allowance

HM Revenue and Customs (HMRC) imposes two controls on the amount of pension savings you can make without having to pay extra tax. These controls are known as the annual allowance and lifetime allowance. This is in addition to any income tax you pay on your pension once it is being paid to you.

This factsheet looks at the lifetime allowance (L T A) which is the total value of all pension benefits you can have without triggering an excess benefits tax charge.

For information about the annual allowance please read the [**Annual allowance factsheet**.](https://www.cardiffandvalepensionfund.org.uk/members/guides-forms-factsheets/)

## What is the lifetime allowance?

The lifetime allowance is the total value of all pension benefits you can have without triggering an excess benefits tax charge. If the value of your pension benefits when you take them is more than the lifetime allowance, or more than any protections you may have, you will have to pay tax on the excess benefits. The value of your pension benefits for this purpose does not include any state retirement pension, state pension credit or any partner's or dependant's pension you are entitled to.

The lifetime allowance covers any pension benefits you have in all tax-registered pension arrangements - not just the L G P S.

The lifetime allowance was introduced in 2006 and was reduced in 2012, 2014 and again in 2016. Each time the lifetime allowance reduced, if you had already planned your pension savings on the basis of the higher lifetime allowance, you were able to protect your pension savings by applying to HMRC for a lifetime allowance protection. These protections are covered in more detail later in this factsheet.

The lifetime allowance steadily reduced from 2012/13 to 2017/18. From 2018/19 to 2020/21 the lifetime allowance increased each year in line with inflation. The Government has announced that the lifetime allowance will remain at its current level until the end of the 2025/26 financial year.

Table - the lifetime allowance from 2011/12

| **Tax Year** | **Lifetime Allowance** |
| --- | --- |
| 2011/12 | £1.8 million |
| 2012/13 | £1.5 million |
| 2013/14 | £1.5 million |
| 2014/15 | £1.25 million |
| 2015/16 | £1.25 million |
| 2016/17 | £1.00 million |
| 2017/18 | £1.00 million |
| 2018/19 | £1.03 million |
| 2019/20 | £1,055,000 |
| 2020/21 to 2025/26 | £1,073,100 |

## How is the lifetime allowance calculated?

For pensions that you first take on or after 6 April 2006, the capital value is worked out by multiplying your annual pension by 20 and adding any lump sum you take from the pension scheme.

Each time you take payment of a pension benefit, the capital value of the benefits you are taking is expressed as percentage of the lifetime allowance limit that applies on that date and is deducted from your available lifetime allowance. So, even if your pensions are small and individually will not be more than the lifetime allowance, you should keep a record of any pensions you receive.

If you have a pension that was first paid before 6 April 2006, this will also be treated as having used up part of your lifetime allowance. For these pensions, the capital value is calculated by multiplying the current annual rate, including any pensions increase, by 25. Any lump sum already paid is ignored in the valuation.

When you take your L G P S benefits, if the capital value of those benefits is more than your available lifetime allowance you will have to pay tax on the excess. If your excess benefits are paid as a pension, the tax charge will be 25% of the capital value of the excess; the ongoing pension payments be will also be subject to income tax. If the excess benefits are taken as a lump sum, they will be taxed once only at 55%.

You can choose to pay the tax charge immediately by a reduction to your lump sum, pay the tax directly to HMRC yourself, or you can ask the scheme to pay the charge for you in return for a permanent reduction to your pension – this is called a lifetime allowance debit.

### Example 1 – Sarah

Sarah retires on 31 May 2020:

L G P S annual pension £25,000

L G P S lump sum £45,000

AVC taken as a lump sum £116,375

Capital value of benefits £661,375

(£25,000 × 20) + £45,000 + £116,375

Sarah has not drawn any pension benefits previously

The capital value of her benefits is less than the L T A for 2020/21 of £1,073,100

She has used 61.63% of the available L T A.

### Example 2 – Patrick

Patrick retires on 31 May 2020:

L G P S annual pension £50,000

L G P S lump sum £120,000

Capital value of benefits £1,120,000

(£50,000 × 20) + £120,000

Tax charge payable on benefits in excess of £1,073,100:

£46,900 ÷ 20 × 12 × 55% £15,477 tax charge

Patrick has not drawn any pension benefits previously

He has not applied for any lifetime allowance protection

He has opted to be paid the benefits in excess of the L T A as a lump sum

He has used 100% of the available L T A.

## Changes to the lifetime allowance

The lifetime allowance reduced from £1.25 million to £1 million from 6 April 2016. Two new protections were introduced called Fixed Protection 2016 and Individual Protection 2016. These protections are the same in design as Fixed and Individual Protections 2014 which were introduced when the lifetime allowance reduced from £1.5 million to £1.25 million in 2014.

### Individual Protection 2016 (I P2016)

You can apply for I P2016 if your pension savings were valued at over £1 million (including pensions already in payment) on 5 April 2016. However, if you have primary protection you can’t apply for I P2016.

I P2016 gives a protected lifetime allowance equal to the value of your pension rights on 5 April 2016 - up to a maximum of £1.25 million. You will not lose I P2016 by making further savings in your pension scheme, but any pension savings in excess of your protected lifetime allowance will be subject to a lifetime allowance charge.

### Fixed Protection 2016 (F P2016)

You can apply for F P2016 if you expect your pension savings to be more than £1 million (including pensions already in payment) when you come to take them on or after 6 April 2016. F P2016 can be used to reduce or mitigate the lifetime allowance charge.

F P2016 is lost if your benefits increase by more than the cost of living increase in any one tax year. If you apply for and wish to keep F P2016 you must have opted out of the L G P S before 6 April 2016. The cost of living increase in 2016/17 was zero. Any increase in your benefits on or after 6 April 2016 will result in the loss of F P2016.

F P2016 will also be lost if you start a new pension arrangement, other than to accept a transfer of existing pension rights, or if you pay contributions into a money purchase pension arrangement, other than to a life assurance policy providing death benefits that started before 6 April 2006. You will also be subject to restrictions on where and how you can transfer benefits.

You can't have F P2016 if you already have primary, enhanced, fixed protection 2012 or fixed protection 2014. With F P2016 your lifetime allowance is fixed at £1.25 million rather than the standard lifetime allowance.

If you lose F P2016 you must electronically notify HMRC within 90 days of the day on which you could first reasonably be expected to have known that you had lost this protection. Failure to do so could result in a fine of £300 and a penalty of up to £60 per day after the initial fine has been issued until you supply HMRC with the required notification.

### Taking a tax-free lump sum

The maximum tax-free lump sum you can have when you take your L G P S pension is the lowest of the following:

* 25% of the capital value of your L G P S benefits, or
* 25% of the lifetime allowance which, for those with F P2016, is £312,500 (i.e. 25% of your lifetime allowance of £1.25 million), or
* 25% of your remaining lifetime allowance if you have previously taken payment of (crystallised) pension benefits as you will have already used up some of your lifetime allowance.

### Applying for Fixed and Individual Protection 2016

HMRC has introduced an online service for you to [protect your pension lifetime allowance](https://www.gov.uk/guidance/pension-schemes-protect-your-lifetime-allowance) by applying for I P2016 or F P2016. There is no application deadline for I P2016 or F P2016. To apply for I P2016, you will need to inform HMRC of the value of your pension savings on 5 April 2016 and your pension administrator was only obliged to provide you with this information up to 5 April 2020. You must apply before you take your retirement benefits as you will need to provide the HMRC reference number to your pension administrator if you want to rely on the protection. Once you have successfully applied for protection, the online service will provide you with a reference number which you will need to keep.

## Your pension savings may already be protected

The lifetime allowance was introduced in 2006 and was reduced in 2012, 2014 and again in 2016. Each time the lifetime allowance reduced, if you had already planned your pension savings on the basis of the higher lifetime allowance you could protect your pension savings by applying to HMRC. If you have applied for a previous protection such as enhanced protection, primary protection, fixed protection 2012, individual protection 2014 or fixed protection 2014 you should have received a certificate to confirm your protection.

However, you may still be subject to the lifetime allowance charge if you lose this protection.

You can find more information about [Tax on your private pension contributions](https://www.gov.uk/tax-on-your-private-pension/lifetime-allowance), these protections and when they may be lost on the Government’s website.

## I think I might be affected – what should I do?

Before considering any action to reduce your tax liabilities, you should always seek independent financial advice from a Financial Conduct Authority registered adviser. For help in choosing an independent financial adviser visit the [money advice website](https://www.moneyadviceservice.org.uk/en/articles/choosing-a-financial-adviser).

You may also wish to consider:

* Converting annual pension for lump sum at retirement can reduce the capital value of your pension benefits.
* If you wish to slow down your pension build up, the 50/50 section of the L G P S allows you to pay half your normal contributions and build up half your normal pension while retaining full life and ill health cover.
* If you opt out of the L G P S with the right to a deferred benefit, you will not be able to combine those benefits with your new pension account if you re-join the L G P S.

If you have any questions about your L G P S membership or benefits, please contact:

Write: Pensions Team, Room 252, County Hall, Atlantic Wharf, Cardiff, CF10 4UW

Email: [pensions@cardiff.gov.uk](mailto:pensions@cardiff.gov.uk)

Phone: 029 2087 2334

## Disclaimer

This factsheet provides an overview of the L T A rules at June 2022. It should not be treated as a complete and authoritative statement of the law. The rules governing L T A can be complex and are subject to change. If you are unsure how to proceed, you are advised to obtain specialist independent financial advice.